Operation Christmas Child

Faith Formation classes from St. John and St. Peter will be packing shoeboxes with gifts to send to poor children overseas through Operation Christmas Child. Save your standard-size shoeboxes or plastic shoebox storage containers and bring them to class or leave them at either Church in the basket provided. The boxes are needed asap and will be packed in the next few classes. Please include \$7 for postage. (Flyers at the back of Churches list other items needed.)

Boxes will be on display at the November 17 "Mass & a Meal". ?'s: call Katherine at 437.7474.

Help: Delaware Opportunity Baskets

Currently Delaware Opportunity will not be distributing Christmas baskets this year because of fund cutbacks. Local efforts are being made to make this program happen. If you would like to help spread Christmas goodwill to 24 of our local families, please make out your check to <u>Delhi Food Bank</u>, put 'Christmas Baskets' on the memo line, place in an envelope marked 'Baskets', and place in the collection basket.

Marriage Moments by Susan Vogt

Do you really believe in the resurrection of dead as Jesus proclaimed in Luke 20:38? Even if you and your beloved are still young, have you discussed your deaths? Consider both practical issues like medical and funeral decisions as well as faith issues.

New Delhi Catholic Charities Office

In order to make it easier for those who qualify and receive their services, Catholic Charities has opened an office in the Delhi Senior Community, Seven Main Street. Their office is open Mondays and Thursday from 8:30 am to 4:30 pm.

"From Renewal to Deepening"

A "From Renewal to Deepening" program will be held Wednesday, December 4, from 1-8:30 pm at the Carondelet Hospitality Center in Latham:

"The Word of God in the Celebration of the Liturgy"
"The Constitution on the Sacred Liturgy as a

Document for the 21st Century"
"Where We Pray Shapes our Prayer"

The program includes the presentations, Evening and Night Prayer, dinner and refreshments. If you would like to stay overnight, accommodations are available at \$55, call 518.783.3536.

Cost: \$70 (\$60 by 11-15)/518.453.6645

An American Moment

On Monday, November 11, Frontline Faith Project is sponsoring the second annual "An American Moment" to honor the men and women of our Armed Forces, past and present.

An American Moment will again include one moment of silent prayer: to thank our military for their service, to pray for the peaceful repose of those who have died, and to pray for the intentions of those still living. This event will take place at noon in each respective time zone, all across the world, on Monday the eleventh.

We invite you to participate with us in this worldwide event and to help us spread the word in your area. It is our hope that this collective moment of prayer will fortify the men and women of our Armed Forces and enkindle the spirit of unity in our nation. We hope you will join us in this prayerful endeavor!!

Family Perspective by Bud Ozar

The question of the Sadducees to Jesus is framed in a story about a family with seven brothers and their sister-in-law. Through story telling families remember their shared past and expose the companionship of God in your family from generation to generation.

New Church Website

We are pleased to announce our new website. See addresses on the back cover of the bulletin.

Take a Moment of Silence

For most families, there is no such thing as a ten minute pocket of silence during the day. Yet our faith tradition and science are coming together to agree that a time of sitting without thoughts (centering prayer, meditation, or strong sitting) is beneficial to both children and adults.

Several studies have found the above to reduce anxiety levels, improve self-awareness and self-control, and improve attention skills. The Bible says: "Be still and know that I am God." (Psalm 46: 10) One method of many:

- Have each child sit cross-legged on a pillow facing a wall with eyes open and mouth closed.
- Gently explain that they should pick one sacred Word—love, God, peace, Christ—and let all thoughts flow out of their mind.
- Set the timer for one minute per year of the child's age (or the average if more than one)
- Approach centering prayer as a gift even if your child does not look forward to it. Compliment them for any success they have sitting quietly.

ment. Participation is strictly confidential and offers a beautiful opportunity to experience God's love, forgiveness, and compassion. The cost is \$150. Some financial assistance will be available. For more information or to register contact: Mrs. Kathy Whimple, 518-469-0779 or Mrs. Pat Mousaw, 518-792-8942 (h), 518-222-1160(c), rachelsvineyardalbany@yahoo.com.

Walton Schools Week-End Backpacks

Items may be dropped at Townsend Elementary, Ogden Library, or United Presbyterian, 58 East St.:

- peanut butter (18 oz) - tuna (5 oz)

- peas, beans, corn, carrots (8 oz) - pork n beans (11 oz) - soup (chick, veg beef, tom) (10 oz) - instant breakfast

- oatmeal (individual packet box) - single serve cereal - pasta, ravioli, beefaroni (indiv) - Ramen noodles

-granola, fruit 'n nut bars - raisin box, small

Book Club This Monday at St. Peter

The Book Club is this Monday, November 4, 3:30 pm

Faith Formation

Religious Education: classes for St. John, St. Peter, and Holy Family began September 29. Holy Family students may attend at either St. John or St. Peter as there will be **no** classes held at Holy Family. Register in class: \$15 per family.

RCIA: If you are interested in becoming a Catholic and want to learn more about our faith, RCIA class can answer your questions. Call the office.

Offerings

Dominican Retreat Conference Center 518.393.4169

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November 15-17: Retreat for women concerned with alcoholism: "Recovery: The Heart of the Matter" Director: Sr. Maureen Murphy, OP. A 12 Step Way to get to the heart of the matter, work the steps, discover and recover. **November 22-24:** Heart and Soul Quest: "A Spirituality of Peace for Difficult Times" Director: Sr. Carol Davis, OP brings compassion and creativity to the process of teach-

brings compassion and creativity to the process of teaching and traveling with others on paths of healing, love and light. Explore ways of practicing peace, being true to self, compassionate presence and listening, and honoring our interrelatedness with the Source of all love and life. Weekend retreats: \$195 (age 65 & over \$180)

Peace & Justice

Did you know:

What can we do?

Rachel's Vineyard Weekend Retreat

Hurting from an abortion? Experience the healing love of Jesus Christ on a Rachel's Vineyard weekend retreat, January 17-19, 2014 (snow date: Jan. 24-26) at Serenity on the Lake in Queensbury. The weekend will combine discussions, spiritual exercises, the Sacrament of Reconciliation, a Memorial Service and a Mass of Entrust-

Neighbor to Neighbor Food Drive

Food donations may be dropped off at Holy Family for the Colchester Food Bank. Items needed: cans of pasta, tuna, stew, chili, pasta sauce, fruit; jelly, graham crackers, spaghetti, peanut butter; boxes of mashed potatoes, stuffing; soap, toilet paper, personal care items. Thank you for your continued support.

Delhi Food Bank

Open Mondays, Thursdays from 1-3 pm at United Ministry. Items needed: powdered milk, condiments, canned meats, biscuit mix, dried herbs/seasonings, spaghetti sauce, tuna, cereal, soup, crackers, canned fruit and vegetables, macaroni 'n cheese, pasta, peanut butter, jelly, Jello, pudding, rice, flour, sugar.

Walton Food Bank

spaghetti & sauces tuna egg noodles soups (vegetable, saltines chicken noodle, etc.) canned fruit (peaches macaroni 'n cheese are a favorite pasta peanut butter cold & hot cereal canned vegetables spaghettio-type foods Ramen noodle soups (corn, peas, gr. beans) Jello/puddings rice Knorr rices & noodles cake & cookie mixes

Lights, Fans, Candles

The Sacristans at our Masses are responsible for setting up for our Liturgies ~ please leave the above details in their hands. Their time preparing the altar is a spiritual one so please be respectful.

1 Offertory Envelope a Month ~ 1 Check!

Request a convenient once-a-month offertory envelope. Call the office to request this option.

The Priory Retreat, Chestertown, NY 518.494.3733

November 1-3: Guided Silent Retreat Weekend. Do you want to connect more deeply with God and yourself? Does God Want you to stop delaying? Set aside the pressures of daily life and do now. Experience a guided silent retreat where you can refocus and find God through scripture, prayer, nature, and silence. You will meet individually with a retreat director to receive daily scripture and review your experience. Return home taking with you a deeper connection to God, yourself and all of life. Connie Messitt, CSJ and Pat Mousaw.

2014 Memorial Weekend Lawn Sale

Want to get rid of stuff?
Start saving your unwanted items
for our 2014 lawn sale to be held on Memorial Day
weekend, Saturday May 24th. At Saint Peters
for the benefit of our Church.
Any questions call Joe at 746.7554

Arden